



Live Well Chiropractic: (02) 9279 2992

Quality care for everyday living and wellness care for ongoing health

PERSONAL INFORMATION

Surname _____ First name _____ DOB: / /
Address _____
Phone: Home _____ Work _____ Mobile _____
Occupation _____ Status/Children _____ Referred by _____
Sporting Activities _____
Email _____ Health Fund _____

MEDICAL HISTORY

Doctor _____ Chiropractor _____
Fracture/Dislocation _____
Hospitalisation _____ Operations _____
Medications/Supplements _____ Family History _____

PLEASE TICK ALL PRESENTING SYMPTOMS:

Chiropractic has been found to help in a number of these conditions by removing vertebral subluxations.

Head

- Headache
Sinus (allergy)
Back of head pain
Forehead pain
Temple pain
Migraine
Light-headedness
Fainting
Blurred vision
Double Vision
Loss of taste
Loss of Balance
Dizziness
Ringing in ears
Loss of hearing
Pain in ears

Neck

- Pain in the neck
Neck pain with movement
Muscle spasms in the neck
Grinding/popping sounds in the neck

Shoulders

- Pain in the shoulder R/L
Pain across the shoulders
Arthritis R/L
Can't raise arm
Tension in the shoulders

Arms and Hands

- Pain in upper arm
Pain in elbow
Movement aggravated
Tennis elbow
Pain in forearm
Pain in hands
Pain in fingers
Pins & needles in arms
Pins & needles in fingers
Numbness n arms/fingers
Hands cold
Swollen joints in fingers
Sore joints in fingers
Arthritis in fingers
Loss of grip strength

Mid-back

- Mid-back pain
Pain between the shoulder blades
Pain in the kidney area

Chest

- Chest pain
Shortness of breath
Asthma
Breast pain
Dimple or orange-peel breast

- Irregular heart beat
Indigestion/heart burn

Abdomen

- Nervous stomach
Foods can't eat
Nausea
Wind
Constipation
Diarrhoea
Haemorrhoids

Low-back

- Low-back pain
Sacroiliac pain
Muscle spasms arthritis

Hips, legs and feet

- Pain in buttock R/L
Pain in hip joint R/L
Pain down leg R/L
Pain down both legs
Knee pain
Leg cramps
Cramps in feet
Pins and needles in legs R/L
Numbness in legs R/L
Numbness in feet R/L
Cold feet
Swollen ankles

Women only

- Menstrual pain
Cramping
Irregularity
Cycle ___days
Hysterectomy
Genital cancer
Discharge
Tumours
Menopausal
Post-menopausal

Men only

- Urinary frequency
Difficulty in starting
Night urination
Prostate symptoms

General

- Nervous/irritable
Depressed
Fatigue
Generally fee run-down
Normal sleep_hrs
Loss of sleep_hrs
Loss of weight
Weight gain
Coffee/tea ___ cups/day
Cigarettes ___ p/day
Diabetes
Allergies
Other _____
Sleeping position